

PCC RIDE & RIDE LEADER GUIDANCE NOTES

Before the Ride

- Know the route and café stops
- Consider pace, distance, terrain and weather
- Give a short pre-ride briefing, **check everyone has reviewed the route**

Riding Protocol

- Maximum group size 10 riders
- Ride Leaders may reduce or split groups at any point depending on pace, weather, route, traffic or safety considerations
- Operate a “no drop” policy unless stated otherwise
- Manage pace to suit the advertised ride
- Ride two abreast where safe and appropriate
- Move to single file where necessary
- Do not direct or wave traffic through
- **Regroup after splits caused by conditions and hills, where possible provide advance notice of where this will happen for anticipated splits (e.g. summits)**

Communication

Use clear communication throughout the ride, and use standard calls:

- Car Front
- Car Back
- Slowing
- Stopping
- Point out potholes, gravel, debris, parked cars and hazards

Incidents & Safety

- Stop safely for mechanicals where practical
- Report significant incidents or near misses to the committee
- Ride Leaders may shorten, amend or cancel rides due to conditions

General

- All riders participate entirely at their own risk

Ride Lead Leader Crib Sheet

- Route Planning
- Café Stops
- Group Size
- Pace Management
- Weather & Conditions
- Pre-Ride Briefing
- Regroup Points
- No Drop Policy
- Road Positioning
- Communication Calls
- Hazard Warnings
- Traffic Interaction
- Mechanical Issues
- Rider Welfare
- Incident Reporting
- Adverse Conditions
- Ride Adjustments